

DID YOU KNOW?



We use red tractor or farm assured meat in our schools.

We use MSC Certified fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE Autumn Winter 2019

PAY

You!

SUM OF Four Hundred and Thirty Seven Pounds

ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.



£437.00



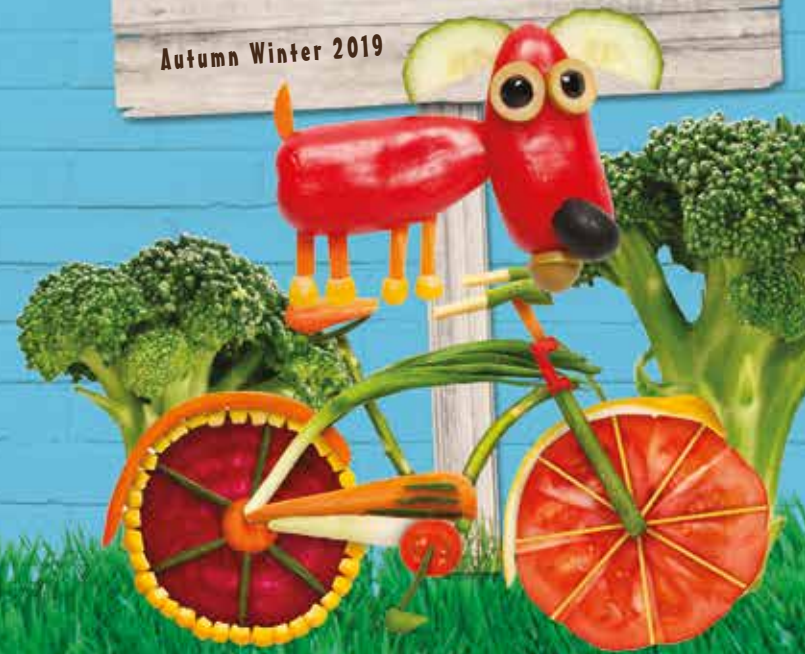
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Smile
food that makes you happy

URCHFONT PRIMARY SCHOOL MENU

Autumn Winter 2019



WEEK 1

04/11/19, 25/11/19, 16/12/19, 20/01/20,
10/02/20, 09/03/20, 30/03/20

Sausages & Mash with Gravy

or

Veggie Mince Pie, Gravy & Mash (v)

or

Jacket Potato with Choice of Filling (v)

Super Greens, Sliced Carrots

Lime Shortbread

**FRESH
HEALTHY
TASTY**

Beef Lasagne with Garlic Bread

or

Veggie Chilli & Rice (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Mixed Salad

Summer Fruit Swirl Sponge & Custard

Roast Chicken with Stuffing, Gravy & Roast Potatoes

or

Veggie Sausages with Gravy & Roast Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, Carrots

Caramelised Apple Crumble with Custard

Beef Chilli & Rice

or

Veggie Burger with Jacket Wedges & Tomato Sauce (v)

or

Jacket Potato with Choice of Filling (v)

Mixed Salad, Sweet Corn & Peppers

Butterscotch Bread & Butter Pudding with Custard

Salmon Fish Fingers or Fish Fingers with Chips & Tomato Sauce

or

Spring Vegetable Pasta & Garlic Bread (v)

or

Jacket Potato with Choice of Filling (v)

Baked Beans, Garden Peas

Strawberry Jelly & Peach Slices (v)

WEEK 2

11/11/19, 02/12/19, 06/01/20, 27/01/20,
24/02/20, 16/03/20

Spicy Beef Wraps with Jacket Wedges

or

Mac & Cheese with Garlic Bread (v)

or

Jacket Potato with Choice of Filling (v)

BBQ Beans, Mixed Salad

Peach Melba Sponge with Custard

Arabiatta Chicken Meatballs & Penne Pasta & Fresh Bread

or

Cheese & Onion Pinwheel
with Herby Diced Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, Rainbow Vegetables

Rice Pudding with Jam Sauce

Roast Beef with Gravy & Roast Potatoes

or

Quorn Fillet with Stuffing, Gravy & Roast Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

Shredded Cabbage, Mashed Swede

Rhubarb Crumble & Custard

Cheese & Tomato Pizza with Jacket Wedges (v)

or

Vegetable Chow Mein (V)

or

Jacket Potato with Choice of Filling (v)

Sweetcorn & Peppers, Green Beans

Arctic Roll

Bubble Crumb Fish & Chips with Tomato Sauce

or

Veggie Lasagne & Garlic Bread (v)

or

Jacket Potato with Choice of Filling (v)

Baked Beans, Garden Peas

Carrot Cookie

WEEK 3

18/11/19, 09/12/19, 13/01/20, 03/02/20,
02/03/20, 23/03/20

Hot Dog & Herby Diced Potatoes

or

Tomato & Basil Pasta Bake with Fresh Bread (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, BBQ Beans

Coconut Jam Slice

Spaghetti Beef Bolognese with Garlic Bread

or

Roasted Vegetable Tart & New Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Cauliflower

Summer Berry & Apple Crumble with Custard

Roast Turkey with Stuffing, Gravy & Roast Potatoes

or

Veggie Sausages with Gravy & Roast Potatoes (v)

or

Jacket Potato with Cheese or Beans (v)

Broccoli, Carrots & Swede Mash

Raspberry Oat Slice

Chicken & Sweetcorn Pasta Bake with Garlic Bread

or

Singapore Noodles with Quorn (v)

or

Jacket Potato with Choice of Filling (v)

Roasted Courgettes, Mixed Salad

Vanilla Ice Cream

Battered Cod with Chips & Tomato Sauce

or

Veggie Hot Dog with Chips & Tomato Sauce (v)

or

Jacket Potato with Choice of Filling (v)

Baked Beans, Garden Peas

Strawberry Jelly with Pineapple Chunks (v)

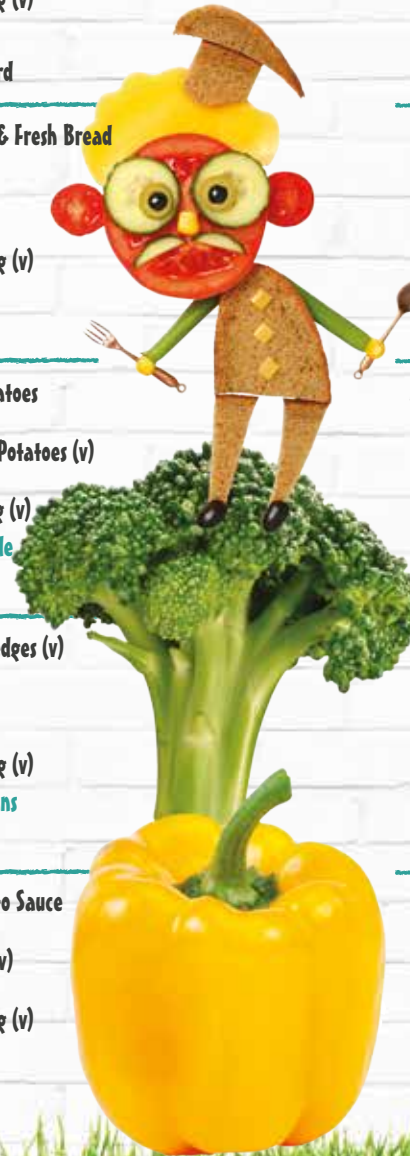
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.